



The Analytical Psychology Club of New York, Inc.
A Gathering Place for Self-Discovery

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THE ANALYTICAL PSYCHOLOGY CLUB OF NYC
Presents

NATIVE AMERICAN RITUAL AND VINE DELORIA'S CRITIQUE OF C. G. JUNG'S UNDERSTANDING OF NATIVE AMERICAN TRADITIONS

Dr. Joe Moore and APC Treasurer Steve Moskovitz
Saturday, February 8th 2020, 1PM to 5PM

Members and Seniors: \$20.00, Non-Members: \$30.00
Students with IDs: \$10.00

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PRESIDENT'S REFLECTIONS

JOSEPH MOORE: PhD, LCSW, PSYCHOTHERAPIST

On January 21st, the Club held its monthly Tuesday discussion of Jung quotes. This month the subject was “Jung and the World of Values.” As usual, the discussion was stimulating and sometimes passionate.

In looking again at the various words out of C. G. Jung’s mouth, I was struck by this quote:

Suffering that is not understood is hard to bear, while on the other hand it is often astounding to see how much a person can endure when he understands the why and the wherefore.

In other words, consciousness does not take away suffering, but consciousness helps us to endure and grow through the pain. Certainly, in terms of physical suffering, when the doctor diagnoses what the ailment is, the patient then has some sense of control over what is happening and what choices he/she has to treat the problem.

Psychic suffering is the same. The emotional hills and valleys that the adolescent endures seem enormously difficult to bear because he/she has no knowledge about what is going on. Each ordeal is new and not conscious. However, when the adult gains insight into why the suffering is taking place, he/she can prevail and live with the agony better.

Therefore, when one feels the physical pain or the psychic pain – depression, severe anxiety – one needs to ask the why? What is underlying these feelings? While it is sometimes easy to deny physical pain, it is even easier to repudiate psychological suffering. While we have more tolerance for psychiatry and psychology now, people find it more acceptable to say I have a physical problem than I am suffering a psychological one. I remember patrolling the aisles of St. Paul’s Chapel after 9/11. The men and women entering after spending time in the “pit” looking for the remains of the victims caught in the World Trade Towers, would easily go to the podiatrists, chiropractors and massage therapists, but found it harder to speak to a psychotherapist or even priests. When I say patrolling, I felt I was watching for the recovery worker to look me in the eye even after twice before turning away when I approached. I almost only offered validation. It was horrible looking for and finding body parts. Understanding that these workers had to do recovery even if their spouses could not and were afraid for their safety. I remember one worker bringing his children to St. Paul’s. He explained to me that they were afraid for him and were having trouble sleeping. He wanted to show them the place he went to where people took care of him. I think this help his children tolerate their anxiety better.

What Jung’s statement tells us is that to live with this suffering by trying to deny it only makes it worse. Finding out the whys and the wherefores allows us to persevere in our struggles to find meaning in life and to help us individuate.

APC ARTICLE

OMG IT IS 2020

by Stephen Moskovitz

This holiday season in New York, especially Midtown Manhattan, was a mass of minions with phones in hand, strollers with shocked infants making paths through streaming tourists and workers all gleaning a glimpse at the Rockefeller Christmas Tree. Sixth Avenue had one lane dedicated to overflow pedestrians from the sardine like conditions on the sidewalk and all of a sudden after the New Year Celebration the streets slowly empty and once again you can navigate.

It was late Saturday night when Hazel and I went for her evening comfort stroll. I felt alive in my body, maybe I thought it was the change in the weather from balmy fifties to the upcoming winter freeze that made this night air cold and sweet. And then it dawned on me that the streets were no longer a frantic hodgepodge of humanity. The dread of the holidays was passing and our lives may return to what seems normal to a New Yorker, controlled chaos. Let's face it there is no other place in the world where people run up escalators in the rush hour commute. Normal really?

Many of us are glued to our information sources. We are all in a collective quandary. The politics is hot again. Agitation, a sense of helplessness is inescapable and the sense of powerlessness to forces we are too old to confront once again are confronting us. Yet we still want to make a difference us Jungians. Out of this adversity through a community a path always opens and with the return of spring, new hope should once again sprout up through the warming soil to start anew one more round of opportunity, creativity, and compassion. Looks like some of us will be marching and protesting in the near future.

**NATIVE AMERICAN RITUAL AND VINE DELORIA'S CRITIQUE OF C. G. JUNG'S
UNDERSTANDING OF NATIVE AMERICAN TRADITIONS**

Joseph Moore, PhD, LCSW, PSYCHOTHERAPIST

Steve Moskovitz, APC TREASURER

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Humans are forever creating rituals and our mundane lives are filled with them from how we prepare our morning coffee, the way we have our hair groomed, and so on. We are always in some inner dialogue that rituals divert. To the Native American rituals were very important and very conscious. For instance, smoking has always been visible prayer for the Native American. This workshop will explore ritual and what the Native American thought what was important about them.

Vine Deloria, Jr. was a Native American scholar of legal, political and religious studies, wrote a book: C. G. Jung and the Sioux Traditions: Dreams, Visions, Nature, and the Primitive, which address Jung's understanding of the Native American. As we know, Jung was in some ways transformed by his visit in the Taos Pueblo, Deloria's book, while he critiques some of Jung's misunderstandings, he also saw a connection between Analytical Psychology and Native American. These connections will be discussed.

INDIGENOUS PEOPLES' LIFE OF RITUAL: How do people ritualize their lives? (Looking at the rituals we already observe). Why did the Indigenous Peoples of Turtle Island (North America) and the Americas ritualize all aspects of life. We will explore the Hopi Mythology, the foundation of the Indigenous belief systems in relation with the desire to find a balance in today's ritualized world, and as the Hopi Myth goes, "This is the period of the end of the fourth world". How did the inclusion of his experiences with the American southwest inform Jung's perspectives with Analytical Psychology. What did Jung get right and wrong. Communing with nature removes the instant gratification of today's demands. Rituals of life can bring that quiet into our lives when we face the modern demands that overwhelm us.

Joseph G. Moore is President of the Analytical Psychology Club of NY and has worked in the field of Child Welfare for 45 years. He has been in Jungian therapy for over 30 years and has practiced as a Jungian-oriented therapist for the last 25 year. He has visited the Taos Pueblo several times.

Stephen Moskovitz is a Jewelry Therapist in Midtown Manhattan. Stephen studied the Taoist Esoteric Yoga System with Grand Master Mantak Chia over forty years. Thirty-nine years Stephen studied and teaches T'ai Chi Ch'uan, and his teachers were the late Sophia Delza who taught Wu style T'ai Ch Ch'uan at the UN, Carnegie Hall, and SUNY Purchase, and is currently studying with Barry Fishman his instructor and former Delza student in New York City. Stephen studied "A Course in Natural Powers" with the late Doug Boyd. Stephen found the forward written by Jung in the I Ching (Book of changes) and Jung was instrumental in the I Ching's translation to German then English.

APC NEWS

BOOK DISCUSSION GROUP MEETINGS

The Book Discussion Group meetings will be on the 4th Wednesdays of the month. Please join the club and become a member of Face Book. For more information, contact book discussion group leader Robert McCullough: metafizz@gmail.com phone: 212-532-8379

TUESDAY EVENING DISCUSSION

The next Tuesday Evening Discussion meeting will be on February 11 at 6:30 pm. We explore interesting quotes of Jung every month. Wine and cheese will be served.

SAVE THE DATE: February 8th, 2020

Steve Moskovitz and Joe Moore's workshop "Native American Ritual and Vine Deloria's Critique of C. G. Jung's Understanding of Native American Traditions" will be on February 8th, 2020.



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